






Saxony  
International  
School  
Cairo West

# menu

11.01. – 15.01.2026

|  | Sunday   | Monday                                     | Tuesday                        | Wednesday                              | Thursday  |
|--|--|--|--------------------------------|--|---|
|  breakfast | Melted cheese sandwich, cucumber, carrots, juice | Falafel sandwich, fresh veggies, milk      | Vermicelli Milk                | Pan cakes, honey, juice                | Omelet sandwich, tomato, cucumber, juice                      |
|  lunch   | White rice, molokheya, chicken                   | Pasta white sauce, chicken cubes, cucumber | Rice, green beans, minced meat | Mini beef burger wedges, tomato slices | Pasta red sauce, chicken strips, steamed carrots and Broccoli |
|  snack   | Fresh fruit                                      | Date biscuit                               | Popcorn                        | Fresh fruit                            | Jelly   |








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# menu

18.01. – 22.01.2026

|   | Sunday                                      | Monday   | Tuesday  | Wednesday                                  | Thursday                                 |
|---|---|--|--|--|--|
| <br>breakfast | Falafel,<br>tomato,<br>fresh juice          | White cheese<br>sandwich,<br>cucumber,<br>tomato slices,<br>milk | Omelet<br>sandwich,<br>cucumbers,<br>milk      | Pan cakes,<br>honey,<br>milk               | Beleila<br>milk                          |
| <br>lunch   | Vermicelli rice,<br>zucchini,<br>meat balls | Tomato Soup,<br>croton, minced<br>meat Goulash                   | Chicken piccata,<br>white rice,<br>green beans | Pasta Red sauce,<br>meat balls,<br>veggies | Pizza Margarita<br>/ chicken,<br>Veggies |
| <br>snack   | Fresh fruit                                 | Popcorn  | Date biscuit                                   | Fresh fruit                                | Jelly                                    |



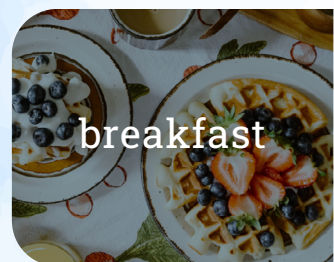




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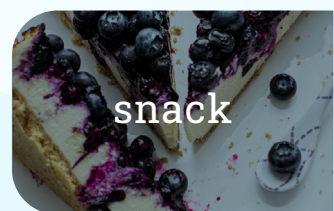
26.01. – 29.01.2026



breakfast



lunch



snack

Sunday

Monday

Tuesday

Wednesday

Thursday

—

Balady bread  
cheese  
tomatoes-juice

Omelet  
sandwich,  
cucumbers,  
milk

Fava beans,  
tomato,  
cucumbers,  
milk

Pan cakes,  
honey,  
milk

—

White rice,  
Molokheya,  
chicken

Vermicelli  
chicken soup,  
cheese  
samosas

Vermicelli rice,  
peas and carrots,  
minced meat

Mini beef burger  
wedges tomato  
slices

—

Fresh fruit

Date biscuit

Rice pudding

Cheese  
crackers

