






Saxony
International
School
Cairo West

menu

07.12. – 11.12.2025

	Sunday	Monday	Tuesday	Wednesday	Thursday
 breakfast	Man'aish cheese, fresh veggies, cilik	White cheese sandwich, cucumbers, tomato, juice	Falafel sandwich, fresh veggies, fresh juice	Melted cheese sandwich tomato slices, milk	Omelet, fresh veggies, milk
 lunch	White rice, molokheya, chicken	Pasta white sauce chicken cubes, sautéed carrots	White rice, green beans, minced meat	Chicken vermicelli soup, cheese samosas	Mini beef burger wedges, tomato slices
 snack	Date biscuits	Fresh fruit	Vanilla muffin	Cheese crackers	Waffles








Saxony
International
School
Cairo West

menu

14.12. – 17.12.2025

	Sunday	Monday	Tuesday	Wednesday	Thursday
 breakfast	White cheese sandwich, cucumber, tomato, chocolate milk	Scrambled eggs, carrot sticks, fresh juice	Man'aish cheese, fresh veggies, milk	Pan cakes honey and milk	—
 lunch	Vermicelli rice, zucchini, minced meat (trial spinach minced meat)	Pasta white sauce with chicken cubes, Sautéed carrots broccoli	Orzo soup with chicken cubes and carrots, cheese samosa	Chicken piccata, white rice, sautéed veggies	—
 snack	Jelly	Popcorn	Baked sweet potato	Date biscuit	—

