

# menu

04.05. – 08.05.2025

	Sunday	Monday	Tuesday	Wednesday	Thursday
breakfast	Foul Sandwich, Cucumber & Carrot Sticks	Eggs, Bread Rolls & Veggie Sticks	White Cheese Sandwich, Cucumber, Carrot Sticks & Yoghurt with Honey	Falafel & Baladi Bread, Cucumber, Tomato & Carrot Sticks	Cream Cheese & Bread Rolls, Cucumber & Carrot Sticks
lunch	Fish Lemon Sauce, Rice, Mixed Green Salad & Beetroot Salad	Sweet & Sour Chicken, Rice & Grilled Veggie Fingers	Creamy Sauce, Tomato Sauce, Pasta & Roasted Mix Veggies	Beef Burger, Roasted Potato Wedges, Coleslaw & Tomato	Molokheya with Chicken & Rice
snack	Seasonal Fruit	Mehalabeya	Seasonal Fruit	Popcorn	Seasonal Fruit





Saxony  
International  
School  
Cairo West

# menu

11.05. – 15.05.2025

Sunday

Monday

Tuesday

Wednesday

Thursday

## breakfast

White Cheese  
Sandwich &  
Veggie Sticks

Falafel & Baladi  
Bread, Cucumber,  
Tomato & Carrot  
Sticks

Cream Cheese,  
Bread Rolls,  
Veggie Sticks  
& Yoghurt with  
Honey

Eggs, Bread  
Rolls, Cucumber  
& Carrot Sticks

Foul Sandwich  
& Veggie Sticks

## lunch

Meatballs in  
Tomato Sauce,  
Mash Potato,  
Rice & Sauteed  
Veggie Fingers

Roasted Chicken,  
Pasta Tomato  
Sauce & Sauteed  
Broccoli

Koshary & Mix  
Green Salad

Mini Hawawshi,  
Roasted Potato  
Wedges, Tomato  
Salad & Veggie  
Sticks

Beef Bolognese  
with Pasta &  
Grilled Veggie  
Fingers

## snack

Seasonal Fruit  
with Strawberry

Milk Rice

Seasonal Fruit

Custard

Seasonal Fruit







Saxony  
International  
School  
Cairo West

# menu

18.05. – 22.05.2025

Sunday

Monday

Tuesday

Wednesday

Thursday

## breakfast

Cream Cheese,  
Bread Rolls &  
Veggie Sticks

Foul Sandwich,  
Cucumber &  
Carrot Sticks

White Cheese  
Sandwich,  
Cucumber, Carrot  
Sticks & Yoghurt  
with Honey

Falafel, Baladi  
Bread, Cucumber,  
Tomato & Carrot  
Sticks

Eggs & Bread  
Rolls, Cucumber  
& Carrot Sticks

## lunch

Grilled Beef  
Kofta with Rice,  
Mix Veggie in  
Tomato Sauce &  
Sliced Vegetable  
Salad

Roasted Chicken  
Fillet with Rice,  
Onion Gravy  
Sauce & Mixed  
Green Salad

Pizza Margarita  
& Roasted Green  
Beans with  
Carrots

Chicken Burger  
with Lettuce,  
Roasted Potato  
Wedges,  
Coleslaw &  
Tomato

Molokheya with  
Chicken & Rice

## snack

Seasonal Fruit

Custard

Seasonal Fruit

Mehalabeya

Seasonal Fruit



# menu

25.05. – 29.05.2025

	Sunday	Monday	Tuesday	Wednesday	Thursday
breakfast	Eggs, Bread Rolls, Cucumber & Carrot Sticks	White Cheese Sandwich & Veggie Sticks	Falafel, Baladi Bread, Cucumber, Tomato, Carrot Sticks & Yoghurt with Honey	Foul Sandwich & Veggie Sticks	Cream Cheese, Bread Rolls, Cucumber & Carrot Sticks
lunch	Baked Fish Fingers, Roasted Potato Wedges, Rice & Mix Veggie in Tomato Sauce	Beef Bolognese, Pasta & Sliced Vegetable Salad	Koshary & Mix Green Salad	Mini Hawawshi, Roasted Potato Wedges, Tomato Salad & Veggie Sticks	Creamy Chicken with Pasta & Roasted Mix Veggies
snack	Seasonal Fruit	Popcorn	Seasonal Fruit	Milk Rice	Seasonal Fruit

