

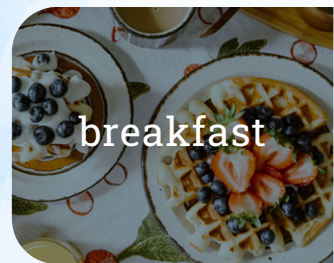


**SIS**

Saxony  
International  
School  
Cairo West

# menu

02.03. – 06.03.2025



breakfast

Melted Cheese Sandwich,  
Cucumber & Carrot Sticks

Eggs & Bread Rolls & Veggie Sticks

White Cheese Sandwich,  
Cucumber, Carrot Sticks & Yoghurt with Honey

Falafel & Baladi Bread, Veggie Sticks

Cream Cheese, Bread Rolls, Cucumber & Carrot Sticks



lunch

Fish Lemon Sauce, Rice, Mixed Green Salad & Beetroot Salad

Sweet & Sour Chicken, Rice, Roasted Mix Veg

Koshary & Mix Green Salad

Beef Burger, Roasted Potato Wedges, Coleslaw & Tomato

Molokheya with Chicken, Rice



snack

Seasonal Fruit

Sweet Potato

Seasonal Fruit

Popcorn

Seasonal Fruit



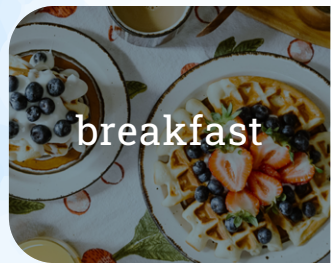


**SIS**

Saxony  
International  
School  
Cairo West

# menu

09.06. – 13.06.2025



breakfast

White Cheese  
Sandwich &  
Veggie Sticks

Falafel, Baladi  
Bread, Cucumber  
& Carrot Sticks

Cream Cheese,  
Bread Rolls,  
Veggie Sticks  
& Yoghurt with  
Honey

Eggs & Bread  
Rolls, Cucumber  
& Carrot Sticks

Melted Cheese  
Sandwich &  
Veggie Sticks



lunch

Meatballs in  
Tomato Sauce,  
Mash Potato,  
Rice & Sauteed  
Veggie Fingers

Roasted Chicken,  
Vegetable  
Noodles &  
Sauteed  
Broccoli

Creamy Sauce &  
Tomato Sauce,  
Pasta / Roasted  
Mix Veggies

Mini Hawawshi,  
Roasted Potato  
Wedges &  
Tomato Salad &  
Veggie Sticks

Beef Bolognese  
with Pasta &  
Grilled Veggie  
Fingers



snack

Seasonal Fruit  
with Strawberry

Milk Rice

Seasonal Fruit

Custard

Seasonal Fruit










Saxony  
International  
School  
Cairo West

# menu

16.06. – 20.06.2025

	Sunday	Monday	Tuesday	Wednesday	Thursday
 breakfast	Cream Cheese & Bread Rolls, Veggie Sticks	Melted Cheese Sandwich, Cucumber & Carrot Sticks	White Cheese Sandwich, Cucumber, Carrot Sticks & Yoghurt with Honey	Falafel & Baladi Bread, Veggie Sticks	Eggs & Bread Rolls, Cucumber & Carrot Sticks
 lunch	Grilled Beef Kofta with Rice, Mix Veggie in Tomato Sauce & Sliced Vegetable Salad	Roasted Chicken Fillet with Rice, Onion Gravy Sauce & Mixed Green Salad	Pizza Margarita, Roasted Green Beans with Carrots	Chicken Burger with Lettuce, Roasted Potato Wedges & Coleslaw & Tomato	Molokheya with Chicken & Rice
 snack	Seasonal Fruit	Custard	Seasonal Fruit	Sweet Potato	Seasonal Fruit





Saxony  
International  
School  
Cairo West

# menu

23.06. – 27.06.2025

	Sunday	Monday	Tuesday	Wednesday	Thursday
 breakfast	Eggs & Bread Rolls, Cucumber & Carrot Sticks	White Cheese Sandwich & Veggie Sticks	Falafel, Baladi Bread, Cucumber, Carrot Sticks & Yoghurt with Honey	Melted Cheese Sandwich & Veggie Sticks	Cream Cheese & Bread Rolls, Cucumber & Carrot Sticks
 lunch	Baked Fish Fingers, Roasted Potato Wedges / Rice & Mix Veggie in Tomato Sauce	Beef Bolognese, Pasta & Sliced Vegetable Salad	Koshary & Mix Green Salad	Mini Hawawshi, Roasted Potato Wedges, Tomato Salad & Veggie Sticks	Creamy Chicken with Pasta & Roasted Mix Veggies
 snack	Seasonal Fruit	Popcorn	Seasonal Fruit	Milk Rice	Seasonal Fruit

