

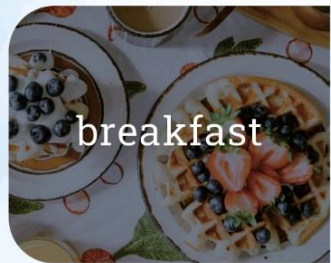


**SIS**

Saxony  
International  
School  
Cairo West

# menu

08.01 – 09.01.2025



breakfast



lunch



snack

	Sunday	Monday	Tuesday	Wednesday	Thursday
breakfast	—	—	—	White Cheese Sandwich & Veggie Sticks	Falafel, Baladi Bread, Cucumber & Carrot Sticks
lunch	—	—	—	Beef Burger with Lettuce, Roasted Potato Wedges, Coleslaw & Tomato	Molokheya with chicken & Rice
snack	—	—	—	Popcorn	Seasonal Fruit

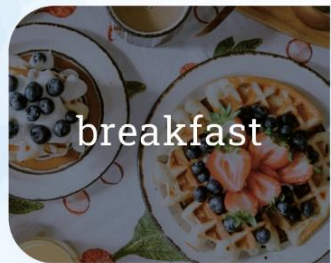




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# menu

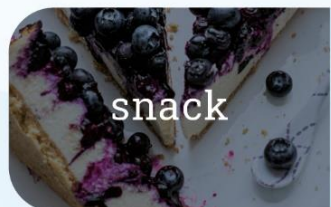
12.01 – 16.01.2025



breakfast



lunch



snack

Sunday	Monday	Tuesday	Wednesday	Thursday
Melted Cheese Sandwich, Cucumber & Carrot Sticks	Eggs, Bread Rolls & Veggie Sticks	Beleela, Cucumber & Carrot Sticks	Falafel, Baladi Bread & Veggie Sticks	Cream Cheese, Bread Rolls, Cucumber & Carrot Sticks
Fish Lemon Sauce, Rice, Mixed Green Salad & Beetroot Salad	Sweet and Sour Chicken, Rice & Roasted Mix Veg	Koshary & Mixed Green Salad	Chicken Wrap, Roasted Potato Wedges, Tomato Salad & Veggie Sticks	Beef Bolognese with Pasta, Grilled Veggie Fingers
Seasonal Fruit	Sweet Potato	Seasonal Fruit	Mini Muffin	Seasonal Fruit



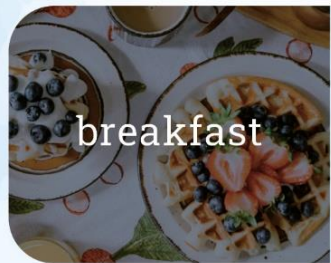




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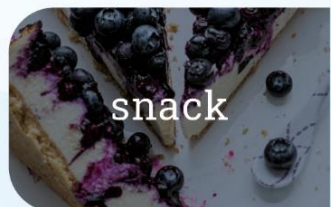
19.01 – 23.01.2025



breakfast



lunch



snack

	Sunday	Monday	Tuesday	Wednesday	Thursday
breakfast	White Cheese Sandwich & Veggie Sticks	Falafel, Baladi Bread, Cucumber & Carrot Sticks	Cream Cheese & Bread Rolls, Veggie Sticks, Yoghurt with Honey	Eggs, Bread Rolls, Cucumber & Carrot Sticks	Melted Cheese Sandwich & Veggie Sticks
lunch	Meatballs in Tomato Sauce, Mash Potato, Rice & Sauteed Veggie Fingers	Roasted Chicken, Vegetable Noodles & Sauteed Broccoli	Pizza Margarita & Roasted Green Beans with Carrots	Chicken Burger with Lettuce, Roasted Potato Wedges, Coleslaw & Tomato	Creamy Chicken with Pasta & Roasted Mix Veggies
snack	Seasonal Fruit	Milk Rice	Seasonal Fruit with Strawberry	Date Biscuit	Seasonal Fruit

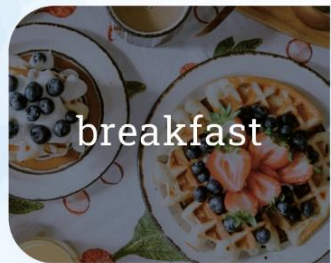




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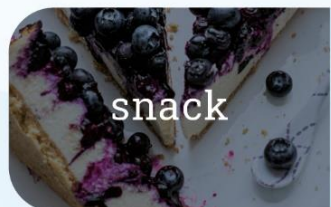
26.01 – 30.01.2025



breakfast



lunch



snack

Sunday	Monday	Tuesday	Wednesday	Thursday
Eggs, Bread Rolls, Cucumber & Carrot Sticks	White Cheese Sandwich & Veggie Sticks	Falafel, Baladi Bread, Cucumber, Carrot Sticks & Yoghurt with Honey	Melted Cheese Sandwich & Veggie Sticks	Cream Cheese Bread Rolls, Cucumber & Carrot Sticks
Baked Fish Fingers, Rice, Roasted Potato Wedges & Mix Veggie in Tomato Sauce	Beef Stroganoff, Rice & Sliced Vegetable Salad	Pasta, Alfredo Sauce with Cheese	Mini Hawawshi, Roasted Potato Wedges, Tomato Salad & Veggie Sticks	Molokheya with Chicken & Rice
Seasonal Fruit	Popcorn	Seasonal Fruit	Sweet Potato	Seasonal Fruit

