



Saxony
International
School
Cairo West

menu

01.12. – 05.12.2024



breakfast



lunch



snack

Sunday	Monday	Tuesday	Wednesday	Thursday
Melted Cheese Sandwich, Cucumber & Carrot Sticks	Eggs & Bread Rolls & Veggie Sticks	White Cheese Sandwich, Cucumber & Carrot Sticks & Yoghurt with Honey	Falafel & Baladi Bread, Veggie Sticks	Cream Cheese & Bread Rolls, Cucumber & Carrot Sticks
Fish Lemon Sauce, Rice, Mixed Green Salad & Beetroot Salad	Sweet & Sour Chicken, Rice & Roasted Mix Veg	Koshary, Sauteed Mix Veggie & Mix Green Salad	Chicken Burger with Lettuce, Roasted Potato Wedges & Coleslaw & Tomato	Molokheya with Chicken & Rice
Seasonal Fruit	Sweet Potato	Seasonal Fruit	Seasonal Fruit	Mini Muffin



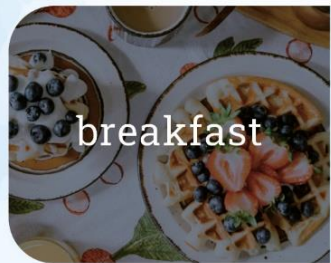


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Saxony
International
School
Cairo West

menu

08.12. – 12.12.2024



breakfast



lunch



snack

	Sunday	Monday	Tuesday	Wednesday	Thursday
breakfast	White Cheese Sandwich, Veggie Sticks	Falafel & Baladi Bread, Cucumber & Carrot Sticks	Cream Cheese & Bread Rolls, Veggie Sticks, Yoghurt with Honey	Eggs & Bread Rolls, Cucumber & Carrot Sticks	Melted Cheese Sandwich, Veggie Sticks
lunch	Meatballs in Tomato Sauce, Mash Potato, Rice & Sauteed Veggie Fingers	Roasted Chicken, Vegetable Noodles & Sauteed Broccoli	Pizza Margarita, Sauteed Veggie Fingers/ Greek Salad	Beef Burger with Lettuce, Roasted Potato Wedges & Coleslaw & Tomato	Beef Bolognese with Pasta, Beef Bolognese with Pasta
snack	Seasonal Fruit	Milk Rice	Seasonal Fruit with Strawberry	Seasonal Fruit	Date Biscuit

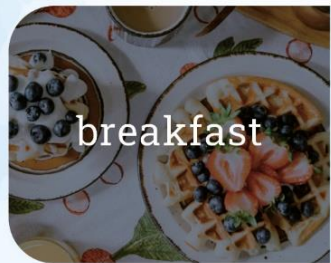




Saxony
International
School
Cairo West

menu

15.12. – 19.12.2024



breakfast



lunch



snack

Sunday	Monday	Tuesday	Wednesday	Thursday
Eggs & Bread Rolls, Cucumber & Carrot Sticks	White Cheese Sandwich, Veggie Sticks	Falafel & Baladi Bread, Cucumber & Carrot Sticks & Yoghurt with Honey	Melted Cheese Sandwich, Veggie Sticks	Cream Cheese & Bread Rolls, Cucumber & Carrot Sticks
Baked Fish Fingers, Roasted Potato Wedges, Rice & Mix Veggie in Tomato Sauce	Beef Stroganoff, Rice & Sliced Vegetables Salad	Pasta Alfredo Sauce with Cheese & Roasted Green Beans with Carrots	Mini Hawawshi, Roasted Potato Wedges, Tomato Salad & Veggie Sticks	
Seasonal Fruit	Popcorn	Seasonal Fruit	Seasonal Fruit	

