

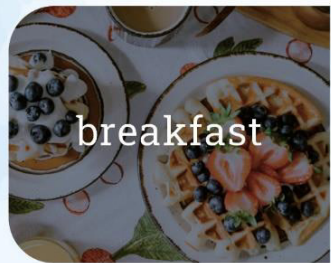


**SIS**

Saxony  
International  
School  
Cairo West

# menu

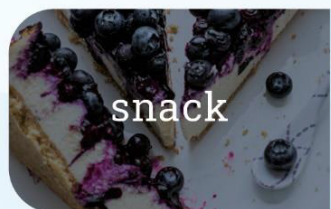
15.04. – 18.04.2024



breakfast



lunch



snack

	Sunday	Monday	Tuesday	Wednesday	Thursday
breakfast	—	melted cheese toast, fresh veggies, fresh juice	pretzel, carrot sticks, fresh chocolate milk	white cheese sandwich, fruits & chocolate milk	pan cakes minis with honey, fresh juice
lunch	—	chicken fricassee & rice	fish fingers, potato wedges & steamed broccoli	vermicelli soup with chicken cubes & cheese sambousa	Pasta Bolognese
snack	—	cheese crackers	rice pudding	baked sweet potato	popcorn



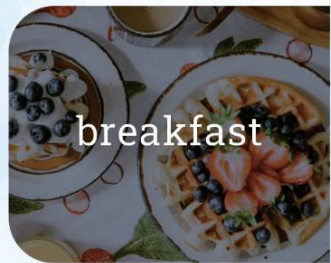


**SIS**

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# menu

21.04. – 24.04.2024



breakfast

falafel sandwich,  
fresh veggies,  
fresh juice

white cheese sandwich,  
cucumber &  
chocolate milk

omelets sandwich,  
fresh veggies &  
milk

man'aish zaatar and cheese,  
fresh veggies,  
milk

—



lunch

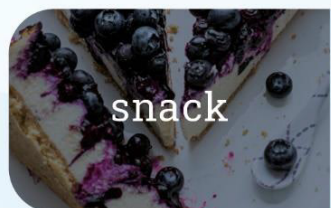
zucchini with minced meat  
white rice and carrots

mini burger Sandwich  
(lettuce, tomatoes)  
baked wedges

Sliced potatoes and tomato in oven with white rice and chicken cubes

white rice, molokheya and chicken

—



snack

fresh fruits

fruit jelly

milk pudding

dates biscuits

—



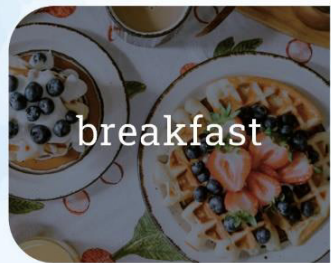


**SIS**

Saxony  
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# menu

28.04. – 30.04.2024



breakfast

warm milk  
vermicelli

melted cheese  
sandwich,  
cucumber &  
fresh juice

pretzel, carrot  
sticks, fresh  
chocolate milk

—

—



lunch

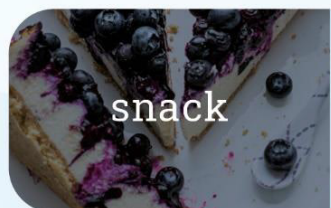
creamy white  
sauce chicken  
pasta & steamed  
carrots

white rice green  
beans, minced  
meat and juice

pasta bolognese  
and salad

—

—



snack

fruits

dates biscuits

Waffles with  
honey

—

—



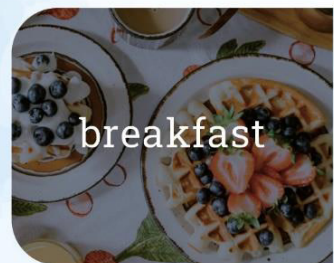


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# menu

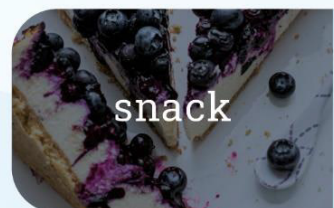
07.05. – 09.05.2024



breakfast



lunch



snack

	Sunday	Monday	Tuesday	Wednesday	Thursday
breakfast	—	—	scrambled egg's sandwich cucumber sticks, fresh juice	beleila with milk, fresh veggies	pancakes with honey
lunch	—	—	white rice, molokheya, and chicken	vermicelli rice, green peas in tomato sauce and meat cubes	mini burger Sandwich (lettuce, tomatoes) baked wedges
snack	—	—	rice pudding	fruit salad	baked sweet potato





Saxony  
International  
School  
Cairo West

# menu

12.05 – 16.05.2024

	Sunday	Monday	Tuesday	Wednesday	Thursday
 breakfast	omelet sandwich, fruits, fresh chocolate milk	warm milk vermicelli	man'aish zaatar and cheese, fresh veggies, milk	melted cheese toast, fruits & banana milk	pancakes with honey with milk
 lunch	chicken pane white rice, sautéed veggies	pasta meatballs, steamed carrots	tomato cream soup, croutons & cheese sambusa	koshari & veggies	mini burger Sandwich (lettuce, tomatoes) baked wedges
 snack	cookies	popcorn	english cake	fruit salad	rice pudding

